Great Oaks Charter School Hot Menu Grades 9-12 September 2022

建筑等的企业	CHI THE	AND STREET, THE	136.19	AND RESIDENCE		A THE PROPERTY OF	1985	NOT THE SECOND	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1		2	
						Hamburger	1 ea	Cheese Stuffed	2 ea
						Sliced Cheese	1/2 oz	Breadsticks	
						Fresh Baby Carrots	1/2 cup	Marinara Sauce	1/4 cı
						Baked Beans	1/2 cup	Romaine Salad	1 cu
						WG Kaiser Bun	1 ea	Cucumber Slices	1/4 c
						Fresh Seasonal Fruit	1 each	Diced Peaches	1/2 c
						100% Fruit Juice	4 oz	100% Fruit Juice	4 0
						Choice of Milk	8 oz	Choice of Milk	8 0
						Ranch Dressing	1 each	Italian Dressing	1 ea
	<u> </u>	6		_	<u> </u>	Ketchup	1 each		
		Chielese Dathy	1	Doof Toos Most	1 2	Bissed Chieles	1 2	Franch Brand Birra	1 -
		Chicken Patty	1 ea	Beef Taco Meat	3 oz	Diced Chicken	3 oz	French Bread Pizza	1 e
		Baked Beans	1/2 cup	Whole Kernel Corn	3/4 cup		2 oz	Iceberg Salad	1 cu
		Sweet Potato Tots	1/2 cup	Salsa	1/4 cup		1/2 cup	Tomatoes	1/4 c
		WG Hamburger Bun	1 ea	WG Tortilla	1 ea	Broccoli	1/2 cup	Cucumber Slices	1/4 c
Closed for Holida	av	Applesauce	1/2 cup	Graham Crackers	1 pkt	Diced Carrots	1/2 cup		1/2 c
	•	100% Fruit Juice	4 oz	Fresh Seasonal Fruit	1 ea	Dinner Roll	1 ea	100% Fruit Juice	4 0
		Choice of Milk	8 oz	100% Fruit Juice	4 oz	Diced Pears	1/2 cup	Choice of milk	8 0
		BBQ Sauce	1 pkt	Choice of milk	8 oz	100% Fruit Juice	4 oz	Ranch Dressing	1 ead
		Ketchup	1 pkt			Choice of milk	8 oz		
.2		13	I	14	Ι-	15	1	16	
Diced Chicken	3 oz	Roasted Turkey	3.5 oz	Meatballs	7 ea	Popcorn Chicken	12 ea	Cheese Pizza	1 ea
General Tso's Sauce	2 oz	Gravy	2 oz	Spaghetti Sauce	1/4 cup		1/2 cup	Romaine Salad	1 cu
Brown Rice	1/2 cup	Mashed Potatoes	1/2 cup	WG Penne Pasta	1/2 cup		1/2 cup	Tomatoes	1/2 c
Green Beans	1/2 cup		1/2 cup	Mixed Vegetables	3/4 cup		1 ea	Fresh Seasonal Fruit	1 ea
Diced Carrots	1/2 cup		2 ea	Dinner Roll	1 ea	Diced Pears	1/2 cup	100% Fruit Juice	4 0
Dinner Roll	1 ea	Mixed Fruit	1/2 cup	Fresh Seasonal Fruit	1 ea	100% Fruit Juice	4 oz	Choice of Milk	8 0
Diced Peaches	1/2 cup		4 oz	100% Fruit Juice	4 oz	Choice of milk	8 oz	Italian Dressing	1 ead
100% Fruit Juice	4 oz	Choice of milk	8 oz	Choice of milk	8 oz	BBQ Sauce	1 pkt		
Choice of milk	8 oz					Ketchup	1 pkt		
19	1 -	20	1	21	1	22	1.	23	_
Chicken Tenders	3 ea	Hamburger	1 ea	Ravioli in	13 ea	Sloppy Joe	1/2 cup		2 e
Tater Tots	1/2 cup		1/2 oz	Spaghetti Sauce	1/4 cup		1/2 cup		l.,.
Mixed Vegetables	1/2 cup	Fresh Baby Carrots	1/2 cup	Broccoli	3/4 cup		1/2 cup	Marinara Sauce	1/4 c
Dinner Roll	1 ea	Baked Beans	1/2 cup		1 ea	WG Kaiser Bun	1 ea	Iceberg Salad	1cu
Mandarin Oranges	1/2 cup		1 ea	Fresh Seasonal Fruit	1 ea	Diced Pears	1/2 cup	Cucumber Slices	1/4 c
100% Fruit Juice	4 oz	Mixed Fruit	1/2 cup	100% Fruit Juice	4 oz	100% Fruit Juice	4 oz	Mixed Fruit	1/2 c
Choice of milk	8 oz	100% Fruit Juice	4 oz	Choice of milk	8 oz	Choice of milk	8 oz	100% Fruit Juice	4 0
BBQ Sauce	1 pkt	Choice of milk	8 oz					Choice of milk	8 0
Ketchup	1 pkt	Ranch dressing	1 pkt					Ranch Dressing	1 ea
_		Ketchup	1 pkt						
26		27		28		29	1	30	
Meatballs	7 ea	Popcorn Chicken	12 ea	Beef Nachos		Chicken Patty	1 ea	Cheese Pizza	1 ea
Spaghetti Sauce	1/4 cup		1/2 cup	(Beef Taco Meat)	3oz	Baked Beans	1/2 cup	Iceberg Salad	1.5 c
WG Penne Pasta	1/2 cup		1/2 cup	(Cheese Sauce)	1 oz	Crinkle Cut Fries	1/2 cup	Tomatoes	1/4 c
Green Beans	3/4 cup		1 ea	(Tortilla Chips)	1.45 oz	WG Hamburger Bun	1 ea	Fresh Seasonal Fruit	1 ead
Dinner Roll	1 ea	Diced Pears	1/2 cup	Salsa	1/4 cup	_	1/2 cup	100% Fruit Juice	4 0
Fresh Seasonal Fruit	1 ea	100% Fruit Juice	4 oz	Whole Kernel Corn	3/4 cup		4 oz	Choice of Milk	8 0
100% Fruit Juice	4 oz	Choice of Milk	8 oz	Applesauce	1/2 cup	Choice of Milk	8 oz	Ranch Dressing	1 ead
Choice of Milk	8 oz	Honey Mustard	1 pkt	100% Fruit Juice	4 oz	BBQ Sauce	1 pkt		
		Ketchup	1 pkt	Choice of Milk	8 oz	Ketchup	1 pkt		
		L		L			1		

Great Oaks Charter School Hot Menu Grades 9-12 October 2022



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		4		5		6		7	
Teriyaki chicken dippers Diced Carrots Broccoli WG Kaiser Bun Fresh Seasonal Fruit 100% Fruit Juice Choice of milk	4 ea 1/2 cup 1/2 cup 1 ea 1 ea 4 oz 8 oz	Meat sauce WG Penne Pasta Green Peas Dinner Roll Mixed Fruit 100% Fruit Juice Choice of milk	1/2 cup 1/2 cup 3/4 cup 1 ea 1/2 cup 4 oz 8 oz	Chicken Nuggets Tater Tots Mixed Vegetables Dinner Roll Applesauce 100% Fruit Juice Choice of milk BBQ Sauce Ketchup	5 ea 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz 1 pkt 1 pkt	Fresh Baby Carrots Baked Beans WG Kaiser Bun Fresh Seasonal Fruit 100% Fruit Juice Choice of Milk Ranch Dressing Ketchup 13 Diced Chicken	1 ea 1/2 oz 1/2 cup 1/2 cup 1 ea 1 each 4 oz 8 oz 1 each 1 each	Cheese Stuffed Breadsticks Marinara Sauce Romaine Salad Cucumber Slices Diced Peaches 100% Fruit Juice Choice of Milk Italian Dressing	2 e 1/4 c 1 cu 1/4 c 1/2 c 4 o 8 o 1 ea
Closed for Holiday		Baked Beans Sweet Potato Tots WG Hamburger Bun Applesauce 100% Fruit Juice Choice of Milk BBQ Sauce Ketchup	1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz 1 pkt 1 pkt	Whole Kernel Corn Salsa WG Tortilla Graham Crackers Fresh Seasonal Fruit 100% Fruit Juice Choice of milk	3/4 cup 1/4 cup 1 ea 1 pkt 1 ea 4 oz 8 oz	Alfredo Sauce WG Penne Pasta Broccoli Diced Carrots Dinner Roll Diced Pears 100% Fruit Juice Choice of milk	2 oz 1/2 cup 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz	Iceberg Salad Tomatoes Cucumber Slices Mixed Fruit 100% Fruit Juice Choice of milk Ranch Dressing	1 cu 1/4 c 1/4 c 1/2 c 4 o 8 o 1 eac
17	1	18		19	I	20		21	
Diced Chicken General Tso's Sauce Brown Rice Green Beans Diced Carrots Dinner Roll Diced Peaches 100% Fruit Juice Choice of milk	3 oz 2 oz 1/2 cup 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz	Roasted Turkey Gravy Mashed Potatoes Broccoli Dinner Roll Mixed Fruit 100% Fruit Juice Choice of milk	3.5 oz 2 oz 1/2 cup 1/2 cup 2 ea 1/2 cup 4 oz 8 oz	Meatballs Spaghetti Sauce WG Penne Pasta Mixed Vegetables Dinner Roll Fresh Seasonal Fruit 100% Fruit Juice Choice of milk	7 ea 1/4 cup 1/2 cup 3/4 cup 1 ea 1 ea 4 oz 8 oz	Popcorn Chicken Baked Beans Crinkle Cut Fries Dinner Roll Diced Pears 100% Fruit Juice Choice of milk BBQ Sauce Ketchup	12 ea 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz 1 pkt 1 pkt	Cheese Pizza Romaine Salad Tomatoes Fresh Seasonal Fruit 100% Fruit Juice Choice of Milk Italian Dressing	1 ea 1 cu 1/2 c 1 ea 4 o 8 o 1 ea 1
24	1	25		26		27		28	
Chicken Tenders Tater Tots Mixed Vegetables Dinner Roll Mandarin Oranges 100% Fruit Juice Choice of milk BBQ Sauce Ketchup	3 ea 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz 1 pkt 1 pkt	Hamburger Sliced Cheese Fresh Baby Carrots Baked Beans WG Kaiser Bun Mixed Fruit 100% Fruit Juice Choice of milk Ranch dressing Ketchup	1 ea 1/2 oz 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz 1 pkt 1 pkt		13 ea 1/4 cup 3/4 cup 1 ea 1 ea 4 oz 8 oz	Sloppy Joe Green Peas Diced Carrots WG Kaiser Bun Diced Pears 100% Fruit Juice Choice of milk	1/2 cup 1/2 cup 1/2 cup 1 ea 1/2 cup 4 oz 8 oz		2 ea 1/4 c 1cu 1/4 c 1/2 c 4 o 8 o 1 ea
31	-								1
Meatballs Spaghetti Sauce WG Penne Pasta Green Beans Dinner Roll Fresh Seasonal Fruit 100% Fruit Juice Choice of Milk	7 ea 1/4 cup 1/2 cup 3/4 cup 1 ea 1 ea 4 oz 8 oz								