<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Closed for Holiday</td>
<td>Chicken Patty Baked Beans Sweet Potato Tots WG Hamburger Tots Applesauce Choice of Milk BBQ Sauce Ketchup</td>
<td>Hamburger Sliced Cheese Fresh Baby Carrots Baked Beans WG Kaiser Bun Fresh Seasonal Fruit Choice of Milk Ranch Dressing Ketchup</td>
<td>1 each</td>
<td>Cheese Stuffed Breadsticks Marinara Sauce Romaine Salad Diced Peaches Choice of Milk Italian Dressing 2 each</td>
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<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
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<tr>
<td>Diced Chicken General Tso’s Sauce Brown Rice Green Beans Diced Carrots Diced Peaches Choice of milk</td>
<td>3 oz 2 oz 1/2 cup 1/4 cup 8 oz 1 pkt</td>
<td>3.5 oz 2 oz 1/4 cup 1/4 cup 8 oz 1 pkt</td>
<td>3 oz 1/2 oz 1/4 cup 1/2 cup 1 each 8 oz 1 each</td>
<td>1 each 1/2 cup 1/2 cup 1/2 cup 1 each 8 oz 1 each</td>
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<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
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<tr>
<td>Roasted Turkey Gravy Mashed Potatoes Broccoli Dinner Roll Mixed Fruit Choice of milk</td>
<td>1 each</td>
<td>1 each</td>
<td>3 oz 1/2 oz 1/4 cup 1/2 cup 1 each 1 each</td>
<td>3 oz 2 oz 1/2 cup 1/2 cup 1/2 cup 1/2 cup 1/2 cup 1 each 8 oz 1 each</td>
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<tr>
<td>Meatballs in Spaghetti Sauce WG Penne Pasta Mixed Vegetables Dinner Roll Fresh Seasonal Fruit Choice of milk</td>
<td>7 each</td>
<td>1 each</td>
<td>12 each</td>
<td>Cheese Pizza Romaine Salad Tomatoes Fresh Seasonal Fruit Choice of Milk Ranch Dressing 1 each</td>
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<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
</tr>
<tr>
<td>Ravioli in Spaghetti Sauce Broccoli Dinner Roll Fresh Seasonal Fruit Choice of milk</td>
<td>13 ea</td>
<td>Sloppy Joe Green Peas Diced Carrots WG Kaiser Bun Diced Pears Choice of milk</td>
<td>1/2 cup 1/2 cup 8 oz 1 each</td>
<td>Cheese Stuffed Breadstick Marinara Sauce Romaine Salad Mixed Fruit Choice of Milk Ranch Dressing 2 ea</td>
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<tr>
<td>26</td>
<td>27</td>
<td>28</td>
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<td>31</td>
</tr>
<tr>
<td>Meatballs in Spaghetti Sauce WG Penne Pasta Green Beans Choice of milk</td>
<td>7 each</td>
<td>12 each</td>
<td>1 each</td>
<td>Cheese Pizza Iceberg Salad Tomatoes Fresh Seasonal Fruit Choice of Milk Ranch Dressing 1 each</td>
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<td>32</td>
<td>33</td>
<td>34</td>
<td>35</td>
<td>36</td>
</tr>
<tr>
<td>Chicken Tenders Tater Tots Mixed Vegetables Mandarin Oranges Choice of milk BBQ Sauce Ketchup</td>
<td>3 ea 1/2 cup 1/2 cup 8 oz 1 pkt</td>
<td>1 ea 1/2 oz 1/4 cup 1/2 cup 1/2 cup 8 oz 1 pkt</td>
<td>3 oz 1 oz 1.45 oz 1/4 cup 1/2 cup 1/2 cup 8 oz 1 pkt</td>
<td>1 each 1/2 cup 1/2 cup 1/2 cup 1 each 8 oz 1 pkt 1 pkt</td>
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<td>37</td>
<td>38</td>
<td>39</td>
<td>40</td>
<td>41</td>
</tr>
<tr>
<td>Hamburger Sliced Cheese Fresh Baby Carrots Baked Beans WG Kaiser Bun Fresh Seasonal Fruit Choice of Milk Ranch Dressing Ketchup</td>
<td>1 each 1/2 oz 1/4 cup 1/2 cup 1 each 1 each 8 oz 1 each</td>
<td>3 oz 1/2 oz 1/4 cup 1/2 cup 1 each 1 each 8 oz 1 each</td>
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</tbody>
</table>
| Teriyaki chicken dippers 4 each
Diced Carrots 1/4 cup
Broccoli 1/2 cup
WG Kaiser Bun 1 each
Fresh Seasonal Fruit Choice of milk | Meat sauce 1/2 cup
WG Penne Pasta 1/2 cup
Green Peas 1/2 cup
Mixed Fruit 1/2 cup
Choice of milk 8 oz | Chicken Nuggets 5 each
Tater Tots 1/2 cup
Mixed Vegetables 1/2 cup
Applesauce 1/2 cup
Choice of milk 1/2 cup
BBQ Sauce Ketchup 1/2 cup | Hamburger 1 each
Sliced Cheese 1/2 cup
Fresh Baby Carrots 1/2 cup
Baked Beans 1 each
WG Kaiser Bun 1/2 cup | Cheese Stuffed Breadsticks 2 each
Cheese Stuffed Breadsticks 1/4 cup
Romaine Salad 1/4 cup
Mixed Fruit 8 oz
Broccoli 1 each |
| Closed for Holiday | Beef Taco Meat 1 each
Whole Kernel Corn 1/2 cup
Salsa 1/2 cup
WG Tortilla 1/2 cup | Meatballs in Spaghetti Sauce 7 each
Spaghetti Sauce 1/4 cup
Spaghetti Sauce 1/4 cup | Diced Chicken 3 oz
Alfredo Sauce 1 each
WG Penne Pasta 1/2 cup
Broccoli 1 each
Diced Carrots 1/2 cup | French Bread Pizza 1 each
French Bread Pizza 1 cup
Iceberg Salad 1 cup
Tomatoes 1/2 cup
Broccoli 8 oz
Mixed Fruit 1 each |
| Diced Chicken 3 oz
General Tso's Sauce 2 oz
Brown Rice 1/2 cup
Green Beans 1/2 cup
Diced Carrots 1/2 cup
Diced Peaches 1/2 cup 8 oz | Roasted Turkey 3.5 oz
Gravy 2 oz
Mashed Potatoes 1/2 cup
Broccoli 1/2 cup
Dinner Roll 2 each
Mixed Fruit 1/2 cup | Meatballs in Spaghetti Sauce 1 each
Spaghetti Sauce 1/4 cup
Spaghetti Sauce 1/4 cup | Popcorn Chicken 12 each
Baked Beans 1 each
Crimple Cut Fries 1/2 cup
Diced Pears 1 each
Choice of milk 1/2 cup | Cheese Pizza 1 each
Cheese Pizza 1 cup
Romaine Salad 1 cup
Tomatoes 1 cup
Mixed Fruit 8 oz
Broccoli 1 each |
| Chicken Tenders 3 ea
Tater Tots 1/2 cup
Mixed Vegetables 1/2 cup
Mandarin Oranges 2 oz
Choice of milk 1 pkt
BBQ Sauce 1 pkt | Hamburger 1 ea
Sliced Cheese 1/2 oz
Baby Carrots 1/2 cup
Baked Beans 1/2 cup
WG Kaiser Bun 1 ea | Ravioli in Spaghetti Sauce 13 ea
Spaghetti Sauce 1/4 cup
Spaghetti Sauce 1/4 cup | Sloppy Joe 1/2 cup
Green Peas 1/2 cup
Diced Carrots 1/2 cup
WG Kaiser Bun 1/2 cup | Cheese Stuffed Breadstick 2 ea
Cheese Stuffed Breadstick 1/4 cup
Romaine Salad 1 cup
Iceberg Salad 1 cup
Mixed Fruit 8 oz
Broccoli 1 each |
| Meatballs 1/2 cup
Spaghetti Sauce 1/2 cup
Green Beans 1/2 cup 8 oz
Choice of Milk 1 each | Hamburger 1 ea
Sliced Cheese 1/2 cup
Fresh Baby Carrots 1/2 cup
Baked Beans 1 each
WG Kaiser Bun 1/2 cup | Ravioli in Spaghetti Sauce 13 ea
Spaghetti Sauce 1/4 cup
Spaghetti Sauce 1/4 cup | Sloppy Joe 1/2 cup
Green Peas 1/2 cup
Diced Carrots 1/2 cup
WG Kaiser Bun 1/2 cup | Cheese Stuffed Breadstick 2 ea
Cheese Stuffed Breadstick 1/4 cup
Romaine Salad 1 cup
Iceberg Salad 1 cup
Mixed Fruit 8 oz
Broccoli 1 each |

Great Oaks Charter School
Hot Menu Grades 6-8
October 2022

Closed for Holiday

Choice of milk

Cheese Stuffed Breadsticks

Cheese Stuffed Breadsticks

Cheese Stuffed Breadsticks